

breakfast (8am til 3pm)

granola bowl 22.0 **nuts** **v**

house made granola, chai spiced yoghurt, roast stone fruit compote, pomegranate, banana, coconut flakes, and chia seeds

franks brekky 28.0 **gfa** 4.0

bacon, chorizo, house made beans, hashbrown, mushrooms, toms, 2 fried eggs, toast

apple hotcakes 23.0 **v**

baked ricotta apple hotcakes w cinnamon anglaise, pecan crumble and ice cream

brekky taco's 24.0

smoked brisket beans, chorizo, fried eggs, finished w sour cream, corn & tomato salsa, chipotle aioli and coriander

corn fritters 24.0 **v** **gf**

corn, halloumi and zucchini fritters w sour cream, avo, rocket, roast caps, smoked tomato relish and a poached egg

brekky bowl 23.0 **v** **gfa** 4.0

house baked beans, sauteed mushrooms, fetta, corn and avo salsa, cheesy scrambled eggs, toasted tortilla

smashed avo 20.0 **v** **gfa** 4.0

avocado on sourdough, blistered tomatoes, whipped feta, pickled beetroot, pumpkin puree, dukkha

salmon breakfast 24.0 **gfa** 4.0

smoked salmon, herb ricotta, avo, green peas, dukkha, pomegranate, sourdough, poached egg

eggs benedict 21.0 **v** **gfa** 4.0

country style white toast, hashbrown, house made hollandaise, spinach 22.0 ham/bacon 23.0 smoked salmon 25.0

sausage and egg burger 20.0 **gfa** 4.0

2 sausage patties, 2 fried eggs, hash brown, cheese, tomato relish, chipotle aioli

brekky wrap 17.0

sausage patty, 2 fried eggs, beetroot, avo, rocket, whipped fetta, choice of sauce

egg & bacon roll 16.0 **gfa** 4.0

double egg and bacon w a hash brown & choice of bbq/tomato/garlic aioli/hot chili, smoked tomato relish

blt 16.0 **gfa** 4.0

bacon, lettuce, tomato, aioli, tomato relish on toasted cuban roll, add avo 2.0

free range eggs on toast 14.0 **v** **gfa** 4.0

poached, scrambled or fried on choice of country style white, sourdough **(add any sides)**

toasties 16.0 **gfa** 4.0

choice of ham, chicken or pepperoni. add tomato and cheese w chips or hashbrown


brekky sides

tomato 4.0 mushrooms 4.0 smashed avo 4.0 house made hollandaise 4.0 hash brown 4.0 house made beans 4.0 spinach 4.0 pork chorizo 5.0 bacon 5.0 haloumi 5.0 smoked salmon 6.0 toast (2pc) 8.0 **gfa** 4.0

gf – gluten free

gfa – gluten free available

v – vego

 smoked

10% surcharge on public holidays

lunch (8am til 3pm)

burgers

all burgers are served with chips

beef burger with the lot 27.0 gfa 4.0

beef pattie, house made pickles, oak lettuce, cheese, tomato, bacon, pineapple, beetroot, garlic aioli, bbq sauce

brisket burger 27.0 gfa 4.0

house smoked brisket, coleslaw, american cheese, pickles, chipotle bbq sauce

smoked chicken burger 26.0 gfa 4.0

house smoked chicken, raspberry chipotle glaze, tomato, rocket, provolone, pineapple, avo, mustard pickle sauce on a cuban roll

fish tacos 25.0

crispy lifting fog battered barramundi fillets, avocado, tomato corn salsa, oak lettuce, fetta, coriander and mustard pickle sauce

meatball sub 26.0 gfa 4.0

smoked pork meatballs baked in nap sauce, with provolone, spinach, tomato relish and prosciutto

fried chicken burger 25.0 gfa 4.0

crispy fried chicken breast w bacon, coleslaw, cheese, sweet chili aioli

veggie burger 24.0 v gfa 4.0

corn fritter, fried halloumi, oak lettuce, grilled zucchini, avocado, beetroot, red pesto mayo

mains

pork belly 34.0 gf

chinese five spice pork belly, steamed bok choy and beans on coconut cauliflower rice w chili caramel glaze

3 cheese cannelloni 36.0

parmesan, ricotta, blue cheese stuffed cannelloni shells, served on a smoked and braised lamb ragu with green pea's

chicken schnitzel 28.0

panko crumbed schnitzel w chips and salad choice of gravy/pepper/diane or parmi 2.0

fish and chips 28.0

frankies own lifting fog battered barramundi fillets, chips, w garden salad

morrocan spiced snapper 36.0 gfa

grilled snapper, couscous green bean and almond salad, charred broccolini, pickled red onion, pomegranate, coconut harissa sauce

salads

prawn salad 30.0 gfa

harissa spiced prawns, couscous, spanish onion, beetroot, chickpeas, w goats cheese, rocket and a lemon dill dressing

smoked chicken salad 28.0 gfa

house smoked chicken breast, roast eggplant, pickled red onion, roast zucchini, caps, crispy prosciutto, goats cheese and red pesto mayo

vego salad 24.0 v gfa

roasted zucchini, halloumi, rocket, carrot, whipped feta, chickpeas, couscous, pumpkin puree, blistered toms, pomegranate reduction

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